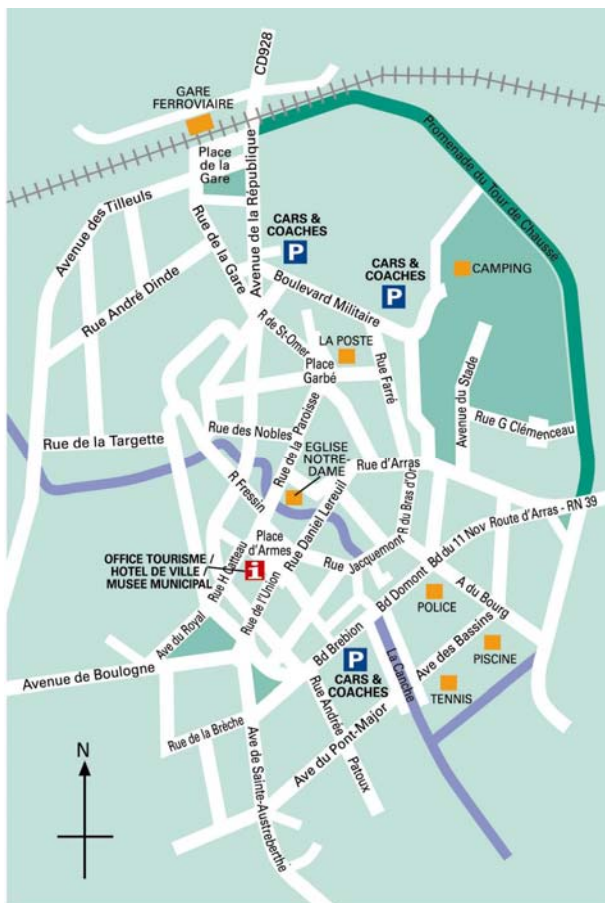


* Map of Hesdin



Azincourt Tourist Office

24 rue CharlesVI - 62310 Azincourt
 E : ot-azincourt@nordnet.fr
www.azincourt-medieval.com

Hesdin Tourist Office

Hôtel de Ville - Place d'Armes - 62140 Hesdin
 E : officetourisme.des7vallees@wanadoo.fr
www.tourisme7vallees.com

* Map of Saint Pol sur Ternoise



Saint Pol sur Ternoise Toursit Office

Hôtel de ville - 62166 Saint Pol sur Ternoise
 E : ot-saintpol@wanadoo.fr - www.ternois-tourisme.com

Pas de Calais Tourist Board :

La Trésorerie Wimille - BP 79 - 62930 Wimereux
 Phone : (0)3.21.10.34.60. - Fax : (0)3.21.30.04.81.
 E : cdt.doc@pas-de-calais.com - www.pas-de-calais.com



IN AND AROUND HESDIN AND SAINT-POL-SUR-TERNOISE

* Hesdin in a few words

Hesdin became Spanish in the 16th century when Charles V of Spain destroyed the settlement and rebuilt a fortified town on the banks of the river Canche. Today this peaceful little town has retained its Renaissance image. Hesdin is situated in the heart of the 7 Valleys.

* Saint Pol sur Ternoise in a few words

The agricultural region known as 'Le Ternois' which surrounds St-Pol is perhaps the most undiscovered area in the Pas-de-Calais. Farming is an age-old tradition here and the countryside has a distinctly prosperous feel to it with some spectacular châteaux dotted here and there. The region of St Pol is rich in leisure activities. The most popular is the horse riding but you can also practice kayaking and Formula one racing. And this is an ideal area for rambling too. Perhaps the best way to discover the region, however, is on a bike. There are around 12 sign-posted routes here that will take visitors on quiet cycle-friendly roads.

* What to do ?

Places interest and attractions :

Notre Dame Church - Hesdin

The construction of Notre Dame Church is part of Charles V's rebuilding of Hesdin in the 16th century. Work on the church began in 1565 and the Renaissance style porch dates from 1582. Inside, the rich furniture from the Recollets Convent and the stained glass windows are particularly attractive.

The Town Hall of Hesdin

Built between 1563 and 1629 it is situated on Place d'Armes, the main square. The belfry was restored in 1875 Place d'Armes, 62140 Hesdin. Phone : : (0)3 21 86 71 69.

www.paysdes7vallees.com

Musée Municipal - Hesdin

The museum relates history of Hesdin from 1553, the museum is based in what were once two prisons. *Hôtel de Ville, Place d'Armes, 62140 Hesdin. Phone : (0)3.21.86.71.69.*

La Forêt Domaniale - Hesdin

Hesdin forest stretches over 1000 ha and is made of oak, maple, sycamore, ash and wild cherry trees. Guided tours are organized on set dates by the tourist office.

Feudal Castle Ruins - Fressin

15th Century castle ruins and medieval gardens. Also in Fressin : 15th century church and the home of the author Georges Bernanos. *Phone : (0)3.21.86.56.11. perso@wanadoo.fr/assoc.patrimoine.fressin*

Musée de l'abeille - Bouin Plumoison

Bee-keeping museum. *923 rue Nationale RN 923, Bouin-Plumoison. Phone : (0)3.21.81.46.24. theyrapi@wanadoo.fr*

Le Moulin de Maintenay

This working water mill was used to make flour. Art exhibitions, guided tours and other events take place regularly. *25 rue du Moulin, Maintenay. Phone : (0)3.21.90.43.74.*

The Giant Labyrinth of the 7 Valleys

The Giant Labyrinth is an outstanding attraction. Covering 8 ha, the maze is also a venue for live shows, children's games and theatrical productions.. It is opened every days in July and August, and the two first week-end of September. *Route de Campagne, Bouin-Plumoison. Phone : (0)3.21.90.75.25*

The Azincourt Medieval History Centre

In 1415, near the village of Azincourt, the English army led by King Henry V crushed the French army under the command of Connetable d'Albret - even though the English were outnumbered by at least three to one. On this historic battle site, Azincourt does not intend to glorify what was one of the bloodiest battles of The Hundred Years'War, but to reveal instead a page in its history.

22 rue Charles VI, Azincourt. Phone : (0)3.21.47.27.53. www.azincourt-medieval.com

Le Donjon de Bours - Saint Pol sur Ternoise

This listed keep was built in the 12th century. It is a beautiful example of the residence of medieval lords.

29 rue de l'Eglise, Saint Pol sur Ternoise. Phone : (0)3.21.62.19.88 <http://cragh.free.fr>

Musée des Arts & Traditions Populaires - Auxi

Presentation of local traditions including the work of craftsmen. Festivals, customs and medieval housing gardens are also on show. *Rue du Presbytère, Auxi le Château. Phone (0)3.21.04.02.03.*

E : mairie.auxilechateau@wanadoo.fr

* Where to Shop ?

Hesdin : On Thursday on the main square, regional producers are usually present.

Saint-Pol-sur-Ternoise : On Monday mornings

Shopping: .

Cheeses: La Chaponardière: Duck specialities, Cookery lessons. *14 rue de Maisnil 62130 Foufflin-Ricametz*

Fruit & Vegetables: La Ferme du Bois Quesnoy: Free crop of red fruits. Sale of jams, syrups, onion jam... *La Ferme du Bois Quesnoy 62130 Ramecourt*

Regional Produce: Magasin de Produits du Terroir: Regional produce, hampers made on request. *45 route Nationale, 62130 St-Michel-sur-Ternoise.*

Le Perle de Groseille: this is a small traditional manufacture of a regional recipe : bubbly red currant wine. *Rue Principal, 62990 Loison sur Crequoise.*

E : contact@perledegroseille.com - www.perledegroseille.com

Beer & Spirits: Micro Brasserie de la Poste: Beer brewed on the spot, the « Castle's Beer ». *Place G.Graux, 62166 St-Pol-sur-Ternoise*

* Where to eat ?

La Bretèche

Traditional and local cuisine. Menus from : €16 - €29
19 rue du Général Daulle, 62140 Hesdin. Phone : (0)3.21.86.80.87.

L'Ecurie

Friendly and cosy restaurant offering gastronomic and provençal food. Menus from : €12 - €27.50 with drink.
17 rue Jacquemont, 62140 Hesdin. Phone : (0)3.21.86.86.86.

Le Charles VI

Traditional restaurant with a medieval decoration. Menus From : €13 - €31
12 rue Charles VI, Azincourt. Phone : (0)3 21 41 53 00

E : restaurantcharles6@wanadoo.fr

Auberge Sire de Créquy

Restaurant housed in an inn, located in the countryside and offering regional food. Menus from : €10 - €20.60
Route de Créquy, Créquy. Phone : (0)3.21.90.60.24. E : siredecrequy@wanadoo.fr

La Saint Poloise

Brasserie and brewery in one. Menus from : €11 - €28
3 rue de la Calandre, Saint Pol Sur Ternoise Phone : (0)3.21.41.91.00. E : lasaintpoloise@wanadoo.fr

Au relais du Vieux Chêne

A good family restaurant in a country setting. Coloring-in books available. Menus from : €10 - €16
5 rue de la Gare, Blangy sur Ternoise E : aux-relais-duvieuxchene@wanadoo.fr

Au Canard gourmand

A family restaurant in a distinctly 'ducky' decor. Menus from : €10.80 - €18
28 rue Albert Vermaelen, Auxi le Château. Phone : (0)3.21.04.50.51.

* Activities

Outdoor sports : C.P.I.E

Ride cycle/mountain bike pedestrian, equitation, kayaking, traditional games.
25, rue Vermaelen - BP 23 - 62390 Auxi le Château Phone : (0)3 21 04 05 79 E : cpie.authie@club-internet.fr - www.cpie-authie.org

Donkey Trekking : A Petits Pas :

16 route de Canlers , Ruisseauville (near Azincourt) Phone : (0)3 21 06 96 29 www.bourricot.com

Parks and Gardens

All around Pas de Calais, there are many parks and gardens. Closer to Hesdin and Saint Pol you can discover these gardens : *Jardin de Marie Ange in Croisette, Jardin des Collines in Oeufs en Ternois, Jardin of Séricourt, Jardin des Lianes in Cheriennes. www.parcsetjardins.fr*

Circuit Croix en Ternois

Car and Motorbike racetrack: The racetrack is great for beginners and experienced drivers alike. Go-Karting, Formula 1 and Formula ETB are just some of the activities on offer. *RN 39 - 62130 Croix en Ternois. Phone : (0)3 21 03 30 13 www.circuitdecroix.com*